

Body Mass Index (BMI) Among the Sugalis – A Tribal Population of Cuddapah District, Andhra Pradesh

P. Yadu Bhushana Reddy and A. Papa Rao

Department of Anthropology, Sri Venkateswara University, Tirupati 517 502, Andhra Pradesh, India

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ABSTRACT Present study has been conducted to know the nutritional status of 1422 Sugali adults (705 males and 717 females) aged 21 to 60 years belonging to 10 Sugali Thandas located in four mandals of Cuddapah district, Andhra Pradesh. The degree of malnutrition is assessed by using Body Mass Index (weight/height²). The study reveals that both Sugali males and females present high parent age in 'Normal' grade and less percentage in 'Severe' degree of malnutrition. 'Grade I obesity' is negligible in both males (0.57%) and females (0.98%).